

INNOVATION HUB

No Bullshit Academy | Courageous Leadership

Dauer:

- 2,5 day training

Unterrichtszeiten:

- day 1 | 13.00 -18.00
- day 2 | 8.00 - 18.00
- day 3 | 9.00 -18.00

Lehrgangskosten:

1195,00 €

Extras:

coffee, tea & lunch | 21 day Challenge and personal coaching

Veranstaltungstyp:

Präsenz

Abschluss:

Teilnahmebescheinigung der Akademie



In this training we will look at:

Who Am I? What is my Story? And what is my next step? Co-initiating, uncover common intent, connect and discover chances.

Working from: theory-U (www.OttoScharmer.com)

The first phase of theory U is based on uncovering common intent. This is a perfect phase to discover what you have in common and what differences there are. We will look at what we do within our work and life and the Relationships that exist. And then discover a new reality to step into.

Questions we will work on are:

What inspires me?

What tools do I need to establish good relationships?

What can we do together to optimise ourselves and our work?

How do we want to work together?

1 / 4

day 1 | who am I and what is my story?



- 13.00 arrival & check in
- 14.00 connect to each other with exercise Selfie
- 14.30 CORE exercise with 4 different questions
- 15.30 tea coffee break
- 16.00 inspiration talk
- 17.00 check out
- 18.00 dinner

2 / 4

day 2 | Relationships: with myself, my company and with clients



- 8.00 check in
- 8.30 introduction and exercise
- 10.30 tea coffee break
- 11.00 exercise evaluation and learnings
(what did you learn? what works in your life/work? what does not work in your life/work? metaphor – what are the parallels? present post-its & sharing?)
- 12.30 lunch
- 13.30 exercise habits & complaints: what habits am I stuck with in my life and my work
- 15.00 tea coffee break
- 15.30 connection & sharing walk: in pairs the attendees will go on a walk, with intentional speaking and deep listening
- 16.30 presenting the walk by role-play
- 17.30 check ou

3 / 4

day 3 | step into a new reality



- 9.00 check in
- 9.30 stories & best practices by the attendees
- 11.00 tea coffee break
- 11.30 courageous leadership exercise
- 12.30 lunch
- 13.30 design your challenge
- 14.30 marketplace
- 15.30 tea coffee break
- 16.00 peer-group set-up
- 17.00 check out

4 / 4

Pre-Assignment & Post-Assignment



Pre-Assignment

As we strongly believe in journaling during a multi layered training like this we will ask participants upfront (a few days before the actual training begins) to do a journaling exercise based on a few questions.

Post-Assignment/ follow up

At the end of the training we will start a challenge (for instance a team-, personal- or sales challenge) to put the tools you experienced into practice.
With a buddy system people will discover each others talents and grow a strong community.